

Weightlifting-Power/Bench Male Power Jr. Boy 15

1. Asa Davis (Griffin, GA)

Highlights:Lifted 800 pounds in total 275 squat 190 bench 335 deadlift

Date:7/18/2011

Weightlifting-Power/Bench Male Power Men's Submaster (35-39)

1. Miguel Pacheco (Fayette, GA)

Highlights:Lifter 770 pounds in total 275 Squat 195 Bench 225 Deadlift

Date:7/18/2011

Weightlifting-Power/Bench Male Power Men's Open

1. Matt Jansen (Dawsonville , GA)

Highlights:Lifted 1120 pounds in total 400 Squat 280 Bench 440 Deadlift

Date:7/18/2011

Weightlifting-Power/Bench Male Power Men's Master (70-74)

1. Anthony Rende (Woodstock, GA)

Highlights:Lifted 355 pounds in total 140 Squat 135 Bench 180 Deadlift

Date:7/18/2011

Weightlifting-Power/Bench Male Power Men's Master (50-54)

1. Cliff Davis (Griffin, GA)

Highlights:Lifted 1015 pounds in total 330 Squat 260 Bench 425 Deadlift

Date:7/18/2011

Weightlifting-Power/Bench Male Power Men's Class II

1. William Deyette (Albany, GA)

Highlights:Lifted 1345 pounds in total 450 Squat 395 Bench 500 Deadlift

Date:7/18/2011

Weightlifting-Power/Bench Male Power Men's Open

1. Jaive Peaks (Pacmetto, GA)

1300
pounds
in total

2. Cody Thornton (Winder, GA)

1250
pounds
total

3. Eric Timms (Murryville, GA)

1085
pounds
total

Highlights:Jaive: 435 Squat 345 Bench 520 Deadlift Cody: 440 Squat 305 Bench 505 Deadlift Eric: 370 Squat 315 Bench 400 Deadlift

Date:7/18/2011

Weightlifting-Power/Bench Male Power Men's Master (45-49)

1. Steve Shepherd (Bethlehem, GA)

Highlights:1425 pounds lifted total 555 Squat 365 Bench 505 Deadlift

Date:7/18/2011

Weightlifting-Power/Bench Male Power Men's Master (45-49)

1. Bill Lindsey (Macon, GA)

Equipe

Highlights:515 pounds lifted total 45 Squat 425 Bench 45 Deadlift

Date:7/18/2011

Weightlifting-Power/Bench Male Bench Men's Open

1. Jeremiah Kay (Flowery Branch, GA)

Highlights:320 bench

Date:7/18/2011

Weightlifting-Power/Bench Male Bench Jr. Boy 16-17

1. Joseph Tackett (oakwood, GA)

Highlights:195 Bench

Date:7/18/2011

Weightlifting-Power/Bench Male Bench Men's Submaster (35-39)

1. Miguel Pacheco (Fayette, GA)

Highlights:195 Bench

Date:7/18/2011

Weightlifting-Power/Bench Male Bench Men's Master (50-54)

1. Ken johnston (acworth, GA)

2. Cliff Davis (Griffin, GA)

Highlights:Ken: 315 Bench Cliff: 260 Bench

Date:7/18/2011

Weightlifting-Power/Bench Male Bench Men's Open

1. Jaive Peaks (Pacmetto, GA)

Highlights:345 Bench

Date:7/18/2011

Weightlifting-Power/Bench Male Bench Men's Master (65-69)

1. Clarence Smith (Cleveland, GA)

Highlights:250 Bench

Date:7/18/2011

Weightlifting-Power/Bench Male Bench Men's Submaster (35-39)

1. Joe Franklin (Marietta, GA)

Highlights:400 Bench

Date:7/18/2011

Weightlifting-Power/Bench Male Bench Police/Firefighter Heavy (220-SHW)

1. Joe Franklin (Marietta, GA)

Highlights:400 Bench

Date:7/18/2011

Weightlifting-Power/Bench Male Bench Men's Master (60-64)

1. John Nolan (Martinez, GA)

Highlights:325 bench

Date:7/18/2011

Weightlifting-Power/Bench Male Bench Men's Master (50-54)

1. George Bradley (Gainesville, GA)
Highlights:240 bench
Date:7/18/2011

Weightlifting-Power/Bench Male Bench Jr. Boy 18-19

1. John Collier (Flowery Branch, GA)
Highlights:330 bench
Date:7/18/2011

Weightlifting-Power/Bench Male Bench Men's Master (40-44)

1. david cowan (juliette, GA)
Highlights:250 bench
Date:7/18/2011

Weightlifting-Power/Bench Male Power Men's Master (45-49)

1. Tim Moon (Gainesville, GA)
Highlights:650 bench
Date:7/18/2011

Weightlifting-Power/Bench Male Bench Men's Open

1. Jim Hoskinson (Brunswic, GA)
Highlights:720 bench
Date:7/18/2011

Weightlifting-Power/Bench Male Bench Men's Master (50-54)

1. Chris Simpson (Gainesville, GA)
Highlights:455 bench
Date:7/18/2011

Weightlifting-Power/Bench Female Bench Women's Submaster (35-39)

1. Charise Turner (Savannah, GA)
Highlights:Benched 60
Date:7/19/2011

Weightlifting-Power/Bench Female Bench Women's Open

1. Sarah McGalliard (Savannah, GA)
Highlights:benched 145 pounds
Date:7/19/2011

Weightlifting-Power/Bench Female Bench Women's Master (40-44)

1. Tisha Anchors (Savannah, GA)
Highlights:Benched 100 pounds
Date:7/19/2011

Weightlifting-Power/Bench Male Bench Men's Submaster (35-39)

1. Craig Wester (Savannah, GA)
Highlights:Benched 75 pounds
Date:7/19/2011

Weightlifting-Power/Bench Female Power Women's Master (40-44)

1. Jane Hatch (Savannah, GA)

2. Jill DeWitt (Savannah, GA) 255
Highlights: Jane: Bench 95 Deadlift 170 Jill: 70 Bench 185 Deadlift
Date: 7/19/2011

Weightlifting-Power/Bench Female Power Men's Master (60-64)

1. Otto Woodward (Savannah, GA) 270
Highlights: 85 Bench 185 Deadlift
Date: 7/19/2011

Weightlifting-Power/Bench Male Power Men's Master (50-54)

1. Fred Yarbrough (Savannah, GA) 345 Pounds
Highlights: 115 bench 230 deadlift
Date: 7/19/2011

Weightlifting-Power/Bench Male Power Men's Master (45-49)

1. Billy Bateman (Savannah, GA) 495 pounds
2. Alan Anthony (Savannah, GA) 280 pounds
Highlights: Billy: 145 bench 350 deadlift Alan: 85 bench 195 deadlift
Date: 7/19/2011

Weightlifting-Power/Bench Male Power Men's Submaster (35-39)

1. Herbert Geohaghan (Savannah, GA) 505 pounds
2. Eric DeWitt (Savannah, GA) 395 pounds
Highlights: Herbert: 165 bench 340 deadlift Eric: 110 bench 285 deadlift
Date: 7/19/2011

Weightlifting-Power/Bench Male Power Men's Open

1. Chuck Ries (Savannah, GA) 605 pounds
2. Daniel Matthews (Savannah, GA) 420 pounds
3. Nathan Hoyt (Savannah, GA) 395 pounds
4. Everett Goethe (Savannah, GA) 360 pounds
5. Mac McCuen (Savannah, GA) 345 pounds
6. Adam Wilkins (Savannah, GA) 335 pounds
Highlights: Chuck: 220 bench 385 deadlift Daniel: 150 bench 270 deadlift Nathan: 165 bench 230 deadlift Everett: 155 bench 205 deadlift Mac: 120 bench 225 deadlift Adam: 130 bench 205 deadlift
Date: 7/19/2011