



State Games
Program Participant



GEORGIA GAMES

2011 CHAMPIONSHIPS
Weightlifting-Power/Bench
Entry Form
July 16, 2011
Iron Rest Barbell

- National Qualifier for the National State Games of America
- Attempt to break a State, American, or World Record!
- Membership can be purchased at event
- Earn Valuable Points toward your School's Scholastic Olympiad Competition!
- Olympic-Style Gold, Silver, and Bronze medals in each weight class within each division
- Olympic-Style T-shirts to each participant
- Advanced Online Registration Discount



www.georgiagames.org

Georgia Games * P.O. Box 2043 * Kennesaw, GA 30156-9100
* (404) 473-0622 or Maureen.higgins@georgiagames.org

NOT A GEORGIA GAME WEIGHTLIFTING-POWER/BENCH- GENERAL INFORMATION JULY 16, 2011



Georgia Games Official Individual Athlete Form & Waiver for
2011 Georgia Games Championships
Weightlifting-Power/Bench- General Information
July 16, 2011



GEORGIA GAMES^D
your choice(s).

Jr. Girl 13	[B] [P]	Men's Master 50-54	[B] [P]
Jr. Girl 14	[B] [P]	Men's Master 55-59	[B] [P]
Jr. Girl 15	[B] [P]	Men's Master 60-64	[B] [P]
Jr. Girl 16-17	[B] [P]	Men's Master 65-69	[B] [P]
Jr. Girl 18-19	[B] [P]	Men's Master 70-74	[B] [P]
Jr. Girl 20-23	[B] [P]	Men's Master 75+	[B] [P]
Jr. Boy 13	[B] [P]	Women's Master 40-44	[B] [P]
Jr. Boy 14	[B] [P]	Women's Master 45-49	[B] [P]
Jr. Boy 15	[B] [P]	Women's Master 50-54	[B] [P]
Jr. Boy 16-17	[B] [P]	Women's Master 55-59	[B] [P]
Jr. Boy 18-19	[B] [P]	Women's Master 60-64	[B] [P]
Jr. Boy 20-23	[B] [P]	Women's Master 65-69	[B] [P]
Men's Open	[B] [P]	Women's Master 70-74	[B] [P]
Men's Class II	[B] [P]	Women's Master 75+	[B] [P]
Men's Submaster (35-39)	[B] [P]	Police/Firefighter Light (114-148)	[B] [P]
Women Open	[B] [P]	Police/Firefighter Med. (165-198)	[B] [P]
Women Submaster(35-39)	[B] [P]	Police/Firefighter Heavy (220-SHW)	[B] [P]
Men's Master 40-44	[B] [P]	Men's Master 45-49	[B] [P]
Raw	[B] [P]		

Weight Class: _____

Will you attempt to set a State, American, or World record?

YES or NO (Please circle)

If yes, please circle which record you will attempt to set:

STATE AMERICAN WORLD

Account Summary:	
Powerlifting STD (\$37)	= _____
# of Additional Events ___ x \$10	= _____
Bench Press STD (\$27)	= _____
# of Additional Events ___ x \$10	= _____
Out of State Fee (\$5)	= _____
Late Registration Fee (\$5)	= _____
Donations	= _____
Total	= _____

High School Division: School Name _____

Freshman Sophomore Junior Senior [B] [P]

Athlete Information: Name: _____

Street Address/Apt # _____

City/Town _____ **County** _____ **State** _____ **Zip** _____

Phone Numbers: Daytime: _____ **Evening:** _____ **Cell Phone:** _____

Email Address: _____

Date of Birth: (M/D/Y) _____ **Sex:** _____ **T-Shirt Size (Youth: YS, YM, YL or Adult: -AS, AM, AL, AXL, AXXL):** _____

EMERGENCY CONTACT INFORMATION: Name: _____ **Phone :** _____

AGREEMENT, RELEASE AND WAIVER OF LIABILITY

In consideration of being permitted to participate in or assisting others in participation in the Georgia Games Championships ("Championships"/)District Sports Festivals, and related events and activities, on behalf of myself, or a minor child or ward, heir, next of kin, personal representative, successor or assign;

- (1) I ACKNOWLEDGE, UNDERSTAND AND DECLARE THAT:
 - (a) To the best of my knowledge, I am in GOOD PHYSICAL CONDITION and have no disease or injury that would be aggravated by participating in activities related to the Championships;
 - (b) Participating or assisting other in participating in the Championships may involve RISK OF INJURY TO ME, INCLUDING DEATH, LOSS OR DAMAGE TO ME OR MY PROPERTY, or other consequences, which might result not only from my own actions, in actions or negligence but also the actions, in actions or negligence of others, the rules play, or the conditions of the premises or of any equipment used;
 - (c) There may be OTHER RISKS not known or not reasonably foreseeable; and Understanding All of the Above,
- (2) I ASSUME ALL OF THE ABOVE RISKS AND RELEASE, WAIVE, DISCHARGE, HOLD HARMLESS, INDEMNIFY AND COVENANT NOT TO SUE:
 - (a) The State of Georgia or any of its agencies, District Sports Festivals, the Georgia State Games Commission, the Georgia Sports Foundations, its Commissioners, its Board of Directors, its employees, agents, volunteers, coaches, trainers, or officials affiliated with their programs;
 - (b) Any affiliated subsidiary, successor, organization, or related companies or businesses, other participants, participating or sponsoring municipalities, governmental agencies, international organizations, agencies, sponsors, or advertisers, the respective administrators, officers, directors, agents, representatives, employees, or volunteers of such entities or organizations;
 - (c) The National Congress of State Games (NCSG), the United States Olympic Committee (USOC) and/or their respective representatives, officers, directors, employees, agents, successors and assigns;
 - (d) Owners, lessors and lessees of premises used to conduct the Games FROM ANY AND ALL LIABILITY FOR INJURY, INCLUDING DEATH, LOSS OR DAMAGE TO PERSON OR PROPERTY, OR ANY OTHER CONSEQUENCE in connection with entry in or arising out of participation in, performance in or lack of performance in, including travel en route to and from the Championships.
- (3) I AGREE THAT:
 - (a) Prior to participating as an athlete, I, or in the case of a minor, a parent or guardian, will INSPECT the facilities and equipment to be used, and If I believe same to be unsafe, I will immediately REPORT such condition(s) to the athletic coach, supervisor or official connected with the Championships of same and either DECLINE TO PARTICIPATE or ASSUME THE
- (4)
 - (a) ALL EMERGENCY MEDICAL TREATMENT as may be deemed appropriate under existing circumstances by medical personnel or personnel associated with the Championships. I HAVE READ THIS FORM IN ITS ENTIRETY AND HAVE PROVIDED TRUTHFUL INFORMATION.

WWW.GEORGIA GAMES.ORG

Name of Athlete (print)

Signature of Athlete (if at least 18 years of age)

Date

Georgia State Games – Developed to promote “grassroots” amateur sports and an improved quality of life, the Georgia State Games attracts athletes from a variety of backgrounds, ages and skill levels. Each year the Georgia Games continues to develop programs that fit the athletic and lifestyle needs of the Georgia public. As a member of the National Congress of State Games (NCSG), which is a community based, multi-sport member of the United States Olympic Committee (USOC), the Georgia Games is committed to enhance and promote participation in amateur sports.

Advance to Regionals or Nationals –

NATIONALS - Every two years, 40 State Games come together as one to participate in a national competition, the State Games of America. All medal winners from State Games programs are eligible to compete. For more information, visit www.stategames.org

Sport Olympiad Competition – Statewide competition between schools in all divisions. Earn points based on four criteria for your school. Points will be totaled for individuals in each sport and given to respective school.

About the Georgia Games Championships – The Georgia Games Championships is a sports festival created for Georgia’s amateur athletes. Patterned after the Summer Olympics, the Championships will consist of 40 sports providing Georgia’s amateur athletes, of all ages and skill levels, a meaningful opportunity to participate in a true amateur sport competition.

Who Can Compete – All residents of Georgia who have lived in the state for at least 30 days prior to the date of competition for their sport are eligible if they meet the requirements specified by that sport. Georgia residents attending school or serving in the military in other states are also eligible. Residents of South Carolina and Tennessee are invited to participate as well.

How To Enter – Visit our website www.georgiagames.org to register online and receive a discount. Entry forms may be obtained by visiting our web site or by calling 404-473-0622. Participants are encouraged to note deadlines and register early for all competitions. A signed agreement, release and waiver of liability and payment of an entry fee is required in order to compete.

Refund Policy – REFUNDS WILL BE GIVEN UNDER THE FOLLOWING CIRCUMSTANCES **ONLY:**

- **Entry received after maximum numbers of teams or individuals are bracketed.**
- **Insufficient number of teams or individuals entered.**
- **Entry received from a non-qualified athlete.**

Insurance – *Insurance is the responsibility of each participant.* In some instances, the National Governing Body (NGB), which sanctions an event, may have secondary coverage. Medical aid will be available in the event of an emergency, injury or illness. Preparation for competition, such as taping, will not be provided.

Governing Body Registration/Membership – NGB registration requirements vary between sports. Please check your sport event information for details.

Number of Sports Entered - You may enter as many sports as you wish, as long as the events are not held at conflicting times. It is the athlete’s responsibility to make sure there are no schedule conflicts in the sports he/she enters.

Awards – All participants will receive an official Georgia Games Championships commemorative T-shirt. Gold, silver and bronze medals will be awarded to the first three places. With the inclusion of out-of-state athletes, no Georgian will be displaced for a medal. See your Event Director with any questions regarding this information. The Georgia Games Sportsmanship Award will be presented to the male and female in each sport who best exemplifies the positive attributes of a model competitor. Additionally, one male and one female athlete from the pool of Sportsmanship Award winners will be nominated for the State Games Athlete of the Year Award.

Organizers – The Georgia Games staff, assisted by thousands of volunteers, carry out the various tasks associated with the execution of the Georgia Games Championships.

**For More Information Contact the Georgia Games: P.O. Box 2043 Kennesaw, GA 30156
Phone: (404) 473-0622 Email: Maureen.higgins@georgiagames.org**



Georgia Games Scholastic Sports Olympiad

Fundamental Principle: To provide a fun, competitive atmosphere where the Olympic Ideals of the founder of the modern day Olympics, Pierre De Coubertin's, "A Celebration of Life through Sports" is a positive attribute that should be encouraged across all youths, all skill levels, all ethnicities and all geographic areas of the state.

What is the Scholastic Sports Olympiad? Its a statewide scholastic sports and fitness competition!

Ask yourself: Is your school the most athletic and physical fitness oriented & spirited?

How can you help your school claim bragging rights for ALL sports and not just a few?

- Earn your school points via: 1) final standings, 2) participation points, 3) sportsmanship points & 4) distance traveled.
- Schools win the right for a sports development grants by placing 1st, 2nd or 3rd in their classification.

Over 40 sports being offered!

Archery	Diving	Rowing	Tennis-USTA
Badminton	Equestrian	Rugby-HS	Track & Field
Billiards	Fencing	Shooting-BB Gun	Volleyball-Indoor
Baseball	Golf	Shooting-Shot Gun	Volleyball-Outdoor
Basketball-Boy's	Judo	Soccer-Boys	Weightlifting-Olympic
Basketball-Girl's	Lacrosse-Boys	Soccer-Girls	Weightlifting-Power
Billiards	Lacrosse-Girls	Swimming-Open Water:	Wrestling-Folk,
BMX Cycling	Mt. Biking	1K, 3K, 5K	Free / Greco
Bowling	Racquetball	Swimming-Youth	Water Polo
Boxing	Road Race: 5K & 10K	Table Tennis	
Cycling-Criterium & Road Race	Roller Hockey	Taekwondo	

Categories 1A through 5A High Schools and Middle Schools each have their own division.

Eligible Participants:

Anyone who attends and competes from your school can earn points towards the Olympiad!
Every athlete receives a Sports Festival t-shirt just for competing!

Individuals and teams receive Gold, Silver or Bronze medals for winning their respective sports, divisions or events. Thousands of medals are up for grabs!

The majority of the events are in the summer. Visit our website for complete details on scoring, schedules and more!

Supported by: GHSA, GISA, GACA, GADA, GA State Board of Education

www.georgiagames.org

Remember, you do not have to be the best to earn points for your school. You just have to compete!